

Winter marathon for orientation

The competition will be played on three distances: 100 km (January 5th 2018) , 50 km and 15 km (January 6th 2018).

Participants are given time limits to overcome distances:

- 100 km -24 hours,
- 50 km -12 hours,
- 15 km -6 hours.

Depending on weather conditions, the limit of 100 km can be extended to 28 hours and a distance of 50 km to 14 hours.

FEES AND APPLICATIONS /payments

Distance fee 50 km and 100 km

-50 zł without accommodation

-100 zł with accommodation in the hostel from Friday to Saturday and from Saturday to Sunday

-60 zł sports hall (own mats and sleeping bags).

The feast for those distances is included in the start price.

There are no limits on the number of participants.

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The distance fee is 15 km: -10 zł or 35 zł for those who is willing to participate in the feast

At the same time a limit was set for 100 people.

WARNING !!! – No payment within 7 days after the notification is deleted from the list of participants.

Cancellations until 29.12.2017 will be refunded.

It is possible to come with the accompanying persons.
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Payments on

Wiesław Rusak

ul. Bociania 4

19-300 Chruściele

BANK PKO BP S.A ODDZIAŁ W Ełku

Account number: 78 1020 4724 0000 3302 0103 4586

in the title enter "OPŁATA BIESIADY"

Marathon base:

Bursa School Complex No. 6 M. Rataja in Elk, street: Kajki 4.

Train timetables – www.rozklad-pkp.pl

PKS bus timetables – www.pkssuwalki.pl

ŻAK EXPRESS – www.zakexpress.com.pl

Additional questions are answered by Ireneusz Dzienisiewicz 501 185 601

Participants of events organized by MOSiR Ełk agree to make and publish photos on www.mosir.elk.pl, [facebook.com/mosirelk](https://www.facebook.com/mosirelk) and posters promoting events and to freely dispose of photos in cooperation with other units promoting active leisure.

MORE : REGISTRATION AND REGULATIONS <http://mosir.elk.pl/impresy/elcki-maraton-pieszy-orientacje-elcka-zmarzlina/>